

The Upside Of Aging

Volume 3, Issue 5

May 2019

COAST Bus - Adding two more days

Beginning June 6 the COAST bus will be available on *Thursdays* and beginning October 1 *Tuesdays* will be added.

The bus is outfitted with handicap-accessible lifts and can pick up seniors at their front door, drop them at their exact destination point and bring them back home.

Rides within Grand Traverse county are currently free for COA clients. Call BATA at 231-941-2324 to reserve a ride.



Note: Outside window cleaning will no longer be done in the spring, only in the fall. If this is a service that you are interested in signing up for call our office at 231-922-4688.



caring for those who cared for you, since 1975

* * * REMINDERS * * *

>**Senior Expo** - Wednesday, May 15 at the Civic Center

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>Sign up for the **AARP Smart Driver** two-day class held here on May 23rd and 24th from 9am - 1pm. Call the COA office at 231-922-4688 to reserve your spot. Must attend both days to receive a certificate. \$15 for AARP members, \$20 for non-AARP members.

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>The Commission on Aging will be closed Monday, May 27th in observance of **Memorial Day**.



Veterans Only Coupon Program

Free program coupon books are available to area veterans for health and wellness programs within the Senior Center Network. Coupons allow veterans to attend selected FREE activities in Traverse City, Kingsley and Interlochen. Coupon books are limited and available on a first come, first served basis.

Visit the *Grand Traverse County Senior Center* at 801 E. Front St, Traverse City to pick up a coupon book. Call 231-922-4911 for more info.



Did you know...

- That you can make an online debit/credit card payment? (*Note: there is a processing fee charged for card payments*)
- ⇒ Go to grandtraverse.org/1969/payments and click on the Online Payments link to enter your payment information. (or call the COA office to process your card payment)

June Staff Birthdays and Anniversaries

Birthdays

Elyse M - June 18
Nicole H - June 27
Sara D - June 30



Anniversaries

Norm M - 12 years - June 6
Cindy K - 10 years - June 24

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