

The Upside of Aging

Volume 3, Issue 6

June 2019

2019 Senior Expo

Our "**Hats off to Seniors**" booth was a big hit! We gave away two Stormy Kromer hats and a downtown Traverse City gift certificate to our lucky winners. We are looking forward to next year's Senior Expo and hope to see you there!



2019 National Cherry Festival

There are several free activities during the National Cherry Festival June 29-July 6. Here are a couple that may be of interest:

- >**Seniors Shuffleboard Tournament** - July 5, 10am-3pm TC Senior Center, 801 E Front St, Traverse City, MI 49686
- >**Euchre Tournament** - July 5, 6pm-9pm at TC Senior Center



Caring for those who cared for you, since 1975

* * * REMINDERS * * *

>The Coast bus will also be available on Thursdays as of June 6 and on Tuesdays as of October 1.

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>The Commission on Aging will be closed Thursday, July 4th in observance of **Independence Day**.



Happy 4th of July!

Did you know...

⇒ that our Home Chore Lawn crews mow **415** client yards in Grand Traverse County? These are all done by our six **(6)** Home Chore guys.

⇒ that there were approximately **700** free rides taken on the COAST bus from January - Mid-May?

If you need transportation options other than our COAST bus, there are more available, such as discounts on the regular BATA bus passes and Transportation Vouchers accepted by two local cab services. The BATA bus passes and Cab Vouchers do need to be paid for in advance. Call us at 922-4688 for more information.

July Staff Birthdays and Anniversaries

Birthdays

- Nancy I - July 06
- Mike G - July 13
- Julie D - July 28
- Norm M—July 30



Anniversaries

None this month

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