

Grand Traverse County  
Commission on Aging  
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# The Upside Of Aging

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## Are you a snow bird?

Do you leave the area for all or part of the winter? We would appreciate it if you contacted us as soon as possible with the dates of your departure and return, as well as a forwarding address for your billing. This allows us to better plan our worker's time to fill your open appointment slot.

Our policy is to keep openings for clients for short-term absences up to one month. We are not able to guarantee your same appointment date, time, or worker upon your return. If you will be gone longer than a month, you will be placed on our wait list for an opening to become available. We will do our best to place you back in the system as soon as possible.



### Round Round Get Around, I Get Around

Do you have questions about transportation options for older adults in the Traverse City area? With so many different choices, it can be quite confusing!

The *Senior Center* and *Commission on Aging* are cohosting a free informational panel discussion called "Round Round Get Around, I Get Around" on **Wednesday, October 30, at 4:00pm** at the Traverse City Senior Center. Representatives from BATA, COAST, LYFT, local cab companies and the Commission on Aging will present for the discussion.

Advance Registration is required—call the Senior Center at **(231) 922-4911**.

Caring for those who cared for you, since 1975

## \* \* \* REMINDERS \* \* \*

- >COAST bus, Tuesdays added as of **October 1**
- >Home and Health Fair, Redeemer Lutheran Church, 1896 Rogers Rd, Grawn, MI - **October 24, 11am-2pm**
- >Transportation discussion, Senior Center - **October 30**
- >Halloween - **October 31**
- >Daylight Savings; set clocks back one hour - **November 3**
- >Veteran's Day - **November 11** (COA closed)
- >Thanksgiving break - **November 28 & 29** (COA closed)



We are pleased to announce that as of October 1st our COAST bus will be running five days a week:

**Monday - Friday, 8am to 5pm**

COAST provides free door-to-door rides for Commission on Aging clients to anywhere within Grand Traverse County. The bus operators are Brad Herman and Paul Bean of BATA.

To schedule a ride, call BATA at **231-941-2324**. You may call up to two weeks in advance to schedule a ride.

## November Staff Birthdays and Anniversaries

### Birthdays

Melissa Z- 11/4  
 Patricia P - 11/3  
 Dean D - 11/8  
 Cynthia K - 11/22  
 Brittany S—11/23  
 Ashley A—11/24



### Anniversaries

Lana P - 11/13 - 1 yr  
 (10 years with GT County)

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